

Methotrimeprazine

What is Methotrimeprazine?

Methotrimeprazine (Nozinan) is a medicine used for nausea, or to provide comfort by causing sleepiness, and calming distress, restlessness, agitation, or anxiety. It can also be a useful “add-on” medication to help relieve pain.

How is it given?

Methotrimeprazine can be given orally or by an injection into a muscle or a vein. It can also be given slowly subcutaneously (injection under the skin).

What is the dose?

Our team will start with a dose based on your child's weight. This dose may need to be increased or decreased depending on how your child responds. The dose of methotrimeprazine varies between children. If your child is receiving regular doses of the medication, **do not stop** the medication without consulting your child's doctor. Any dose changes (increases or decreases) need to be monitored carefully with the help of your child's medical team.

The optimal dose of methotrimeprazine is the amount that eases your child's symptoms and provides comfort. To provide your child with optimal symptom control and minimal side effects, tell the team if you think your child is still having discomfort or distress, or is too sleepy.

What are the side effects of methotrimeprazine?

- **Dry Mouth:** Chewing on ice chips and sugar free candy may help. If your child is unable to take food by mouth, then swab their mouth with small amount of water.
- **Sleepiness**
- **Weakness**
- **Constipation**
- **Dizziness or feeling light headed:** This may be caused by quick changes in blood pressure, so have your child rise slowly from sitting or lying down
- **Difficulty passing urine**
- Let Canuck Place know if your child is experiencing unusual or jerky movements and muscle spasms, or unusual irritability

Sometimes, the side effects may become uncomfortable or intolerable. Let the team know if this happens, as the dose may need to be adjusted.

If you have any questions call a Canuck Place Nurse at 604-742-3478 and for immediate assistance call the Kid's Counter at 604-742-3475